



**Arnold Hill  
Academy**

Gedling Road Arnold Nottingham NG5 6NZ

0115 955 4804

schooloffice@arnoldhillacademy.co.uk

www.arnoldhillacademy.co.uk

*Be inspired and achieve together*

26<sup>th</sup> January 2021

Dear Parent/Carer

**Re: TikTok challenges**

It has come to our attention, as reported in the press, that some children are putting themselves at risk through restricting their breathing by engaging in various 'challenges' on the social media platform TikTok, causing them to momentarily 'pass out'.

Please read the articles below to protect your child/children and be alert to these 'challenges' which are advertised on social media and can have catastrophic consequences.

<https://www.dailymail.co.uk/news/article-9176189/Girl-ten-accidentally-kills-trying-TikTok-Blackout-Challenge.html>

<https://www.theguardian.com/world/2021/jan/23/italy-blocks-tiktok-for-certain-users-after-death-of-girl-allegedly-playing-choking-game>

Kind regards

Steve Taylor  
Vice Principal (DSL)

Arnold Hill Academy is part of the Spencer Academies Trust

Registered office: Arthur Mee Road, Stapleford, Nottingham NG9 7EW

The company's registered number is 7353824

