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1st October 2020

Dear Parent/Carer

Re: Guidance for households with possible coronavirus infection

Public Health England has this week updated their guidance for people living in households with someone who shows symptoms of, or who has received a positive test result for coronavirus (COVID-19) infection.

The most important symptoms of COVID-19 are recent onset of any of the following:

- A new continuous cough
- A high temperature
- A loss of, or change in, your normal sense of taste or smell (anosmia)

The guidance says that if you have symptoms of COVID-19 and live in a household, you must stay at home for at least 10 days from when your symptoms started and arrange a test for yourself. All other household members must stay at home for 14 days.

This means that you should not send your child to school during the period of self isolation and the entire household must not go to work, visit public areas or use public transport or taxis. Nobody should go out even to buy food or other essentials, and any exercise must be taken within your home.

At the end of the isolation period, anyone in the household who has not become unwell can return to their normal routine.

We would encourage you to visit the Public Health England website to view the latest guidance: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

Yours faithfully

Mr Robertson
Principal

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