

29 September 2017

Dear Parent

Re: Arnold Hill does Gedling Parkrun Weekend -Saturday 4th November and Sunday 5th November 2017

In previous years we have encouraged our students and their families to become involved in the local parkrun events. These are free running events that take place up and down the country every Saturday morning covering a distance of 5k or Sunday morning for the junior event covering a distance of 2k.

Our local event is on Gedling Country Park, Spring Lane, Mapperley, Nottingham, NG4 4PE. Two of our students, George and William Sullivan, have been involved in the setting up and running of this event for the past couple of years and it would be great if you and your children could support this event and join the regular runners as well as explore the local area. Do not worry if you are not a regular runner as it can be completed at your own pace.

The date we have chosen for the Arnold Hill community parkrun is Saturday 4th November and it provides the opportunity either to take part as a participant or to volunteer in a hi-vis as one of the marshals on the course. To be involved you need to register on the parkrun website and print out a unique barcode, which you need with you when you finish the 5k or 2k circuit - www.parkrun.org.uk/register. The website will also provide further instructions including directions to the event and the course.

With regards to parking at the event, this is very limited so if you can walk, cycle, car share or even jog there then that will help alleviate any issues that may arise. A number of teachers will be taking part on the day which may provide you with some added motivation to get involved!

If you have any questions regarding this please contact me at brian.newson@arnoldhillacademy.co.uk or the parkrun team directly on their website.

Yours faithfully

Mr Newson

School Sport Coordinator

Arnold Hill Academy is part of the Trent Academies Group.

The registered office is Trent Academies Group, Rushcliffe School, Boundary Road, West Bridgford, Nottingham NG2 7BW

The company's registered number is 8128513