

End of Year Assessment for Year 10 Food preparation and nutrition

Subject: Food preparation and nutrition

Contact: Clare Harrison

Assessment will take place on the week commencing:

8th- 18th May

Revision topics:

Eatwell guide

Vitamins and minerals

Diet and health

Dietary requirements

Food and the environment

Protein

Useful revision strategies

Revisit homework tasks

Produce flashcards and test yourself and your friends.

Answer practise questions from revision guides or websites

Work books

Websites and resources to support revision

Food technology work book found online at <http://www.illuminate.digital/aqafood/>

Username SARN3

Password STUDENT3